

Inspiring Hypnosis Presents:

Living with Cancer Hypnosis

Video, Audio, eBook, and inspiration Links



Your Journey...

You are on a journey. Perhaps you are living with cancer, receiving treatments, and living one day at a time. Maybe you are a caretaker trying to provide the best care to someone you love who is struggling.

Many people have found hypnosis to free them from anxiety, give them peace of mind, and even alleviate physical and emotional pain.

Simply put, hypnosis is a cognitive process that allows you to focus your mind on peacefulness, healing, and comfort. And where your mind goes, your body follows.

Hypnosis isn't magic... but the results often seem magical.

This is a supplement (never a replacement) for any medical or psychological therapy that you or your loved one might be receiving. They are effective whether you are awake or asleep!



*Think of someone you have loved in your life.
Think of someone who has loved you.
Let it heal you.*



Your Hypnotist: [Joshua Wagner \(Click Here for Intro\)](#)

Joshua Wagner has been helping people like you who feel stuck now find a new freedom and happiness for over 15 years. Joshua is a certified hypnotist through the prestigious Mike Mandel Hypnosis Academy in Toronto, Ontario

"This experience has been life changing! Josh unlocked my unconscious mind, allowing me to explore some hidden unresolved issues. One session, that's all it took. Today my anxiety is lessened, I've found my sparkle again and was able to put to rest the previously unaddressed emotions"
-- Laura, Columbus, Ohio



Links to Videos, Meditation Tracks, and eBooks

(Click on the Title to Access the Content)



[Intro Video \(Link\)](#)

Sections

Relieving Sadness

- [Relieving Sadness video](#)
- [Waterfall of Positive Emotion Hypnosis Track](#)

Relieving Anxiety

- [Alleviating Anxiety Video](#)
- [Alleviating Stress \(Audio track\)](#)
- [Emotional Freedom Technique \(EFT\) Worksheet](#)

Relieving Pain

- [Relieving Pain Video](#)
- [Relieving Pain Hypnosis Track](#)
- [eBook: Tips for Overcoming Pain](#)
- [eBook: Hypnosis and Pain](#)

Preparing for a Procedure

- [Getting Ready for a Procedure Video](#)
- [Hypnosis track: Rehearsing Your Procedure](#)



Relieving Nausea

- [Relieving Nausea Video](#)
- [Relieving Nausea Hypnosis Track](#)

Going to Sleep

- [Video on Sleeping](#)
- [Sleep Meditation Hypnosis Track](#)

For the Caretakers ([Click Here for Video](#))

- [Caretaker Rejuvenation Hypnosis Track](#)
- [Other Caretaker Resources](#)

Chemotherapy Tracks:

These are intended to pass the time during chemotherapy treatment

[Getting Ready for Chemo Video](#)

[Train Journey Hypnosis Track](#)

[Time Distortion Hypnosis Track](#)